



LINCOLN GARDENS PRIMARY SCHOOL NEWSLETTER

TERM 1, WEEK 6

Family Lunch

The students enjoyed seeing their families attend the Family Lunch on 18th February! Supporting school events encourages children to value community and education, and leads to happier and more productive outcomes for all.



UPCOMING EVENTS

PUBLIC HOLIDAY: Monday 10th March.
NAPLAN: Wednesday 12th to Monday 24th March for Years 3 and 5.
SPORTS DAY: Wednesday 26th March.
YR 6 AQUATICS: Thursday 27th March.
STUDENT LED CONFERENCES: Wednesday 9th April.

Principal's Report:

This term is well on the way, with many activities/events already occurred and many more planned for. This year our site Learning Plan focus is on supporting our students to be 'Effective Learners', we will be teaching students about how to provide and receive feedback to improve their work, also focusing on showing bravery and persistence in their learning.

One Plans

This term teachers are preparing this year's Student One Plans. At LGPS we write a One Plan for all students. Your child's One Plan will be shared with you towards the end of the term at the conferences. You should have already received an A5 laminated display board of your child's goals for you to put on your fridge. The One Plan is a working document, each student will have aims and goals that they will be working towards, also in the document is any information that is relevant to that child such as Support Services that are supporting the student, the support that the student receives at school such as intervention programs as well as teacher, student and parent perspectives. At the end of each term the aims and goals are reviewed, this is then sent home and new goals are established for the next term. Students will know what they are working towards, their goals will be on a displayed on their desk. At any time you can come into school and speak to your child's teacher about their goals.

Parent Contacts

Thank you to the many parents who have regular contact with the school, either coming in and speaking with your child's teacher to find out how your child is going at school or passing on information or phoning us to let us know why your child is away. It is very important that we have an up to date contact phone number as well as emergency contact numbers. At times we need to contact you if your child is unwell and needs to go home, we also send out text messages to let you know information such as school events or the bus is not running. Please ring the school if you have a new contact number for yourself or your emergency contacts.

NAPLAN

NAPLAN is a national literacy and numeracy assessment that students in Years 3, 5, 7 and 9 sit each year. It is the only national assessment all Australian students have the opportunity to undertake. As students progress through their school years, it's important to check how well they are learning the essential skills of reading, writing and numeracy. The NAPLAN test window starts on Wednesday 12th of March and finishes on Monday 24th of March 2025.



Principal Sandra Spencer

Ph: 08 86826277 Email: dl.1158.admin@schools.sa.edu.au Website: www.gardens.sa.edu.au

Student Wellbeing Leader's Report:

At Lincoln Gardens Primary School, we are committed to fostering a positive and supportive learning environment where every child can thrive. As part of our wellbeing approach, we are implementing strategies from the Berry Street Education Model to support students with developing self-regulation- a vital skill for emotional resilience, focus and success in both school and life.

Self regulation

Self-regulation is a child's ability to manage their emotions, thoughts and behaviours in different situations. It helps students stay calm under pressure, adapt to challenges and engage positively in their learning and relationship.

Strong self-regulation skills lead to:

- Improved concentration
- Better emotional resilience and problem-solving skills.
- A positive relationship with students and peers.
- A greater sense of confidence and wellbeing.



Ready to Learn Plan:

My triggers are:

Things I can do to be ready to learn...

Things an adult can do to help me be ready to learn...

I know I am ready to learn when....

How does Berry Street Education Model help

It provides practical strategies that support students in strengthening their self-regulation. These include:

- Mindfulness and grounding techniques such as using shape or balloon breathing techniques. Strategies to bring students back into the moment.
- Emotional literacy activities: labelling emotions and developing strategies like take a ready to learn break when feeling stressed or angry.
- Predictable routines to create a safe and structured learning environment.
- Brain breaks and movement activities to help regulate energy levels and maintain engagement.

How you can support at home

You can reinforce self-regulation skills by:

- Encouraging deep breathing when your child feels overwhelmed
- Helping them name and understand their emotions

Thank you for your ongoing support in making our school a safe and nurturing place for all students.

Warm regards,
Sophia Crewdson



Student Wellbeing Leader
Sophia Crewdson

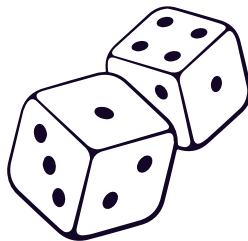
Place Value

B2R5 Class Report:

The Year 2/3/4 class has been learning about place value in Maths this term. We have been practicing bundling in tens and playing different place value games.



Teacher Rebecca Kidman



BUILDING CONNECTIONS

WITHIN THE PORT LINCOLN
CALD COMMUNITY

Hello! We are Occupational Therapy Students and are following on from last years amazing project conducted by fellow students Kate and Leila.

Our project focuses on **promoting inclusivity** and fostering a stronger sense of belonging for **Culturally and Linguistically Diverse** residents of Port Lincoln!

We'd love to hear from you! Your thoughts and experiences are crucial in shaping a community where everyone feels welcome and valued.

Lottie



Teja



Survey:



SCAN ME!

We'd appreciate it if you could take a moment to complete this short survey about your experience settling into Port Lincoln!

Teja: 0447 278 027

Lottie: dolly003@mymail.unisa.edu.au

WCYCS: (08) 8683 0072



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BOOKINGS ESSENTIAL.
VISIT OUR WEBSITE FOR MORE INFORMATION AND
TO BOOK YOUR SPOT FOR BOTH OR EITHER EVENT!

SCAN
ME!

