



Government  
of South Australia  
Department for Education

NEWSLETTER TERM 2, WEEK 10



# Lincoln Gardens Primary School

3RD JULY 2024

## CONGRATULATIONS AWARD WINNERS!



[www.gardens.sa.edu.au](http://www.gardens.sa.edu.au)

**END OF TERM**  
**FRIDAY**  
**5TH JULY 2024**  
**STUDENTS MUST**  
**BE COLLECTED**  
**BY 2.00PM**

**NAIDOC MARCH**  
**WHOLE SCHOOL**  
**EXCURSION**  
**FRIDAY 5TH JULY**  
**2024 10AM**  
**TERM 3 STARTS**  
**MONDAY 22ND JULY**



Sandra Spencer

# PRINCIPAL'S REPORT

## NAIDOC Week

NAIDOC Week is fast approaching 7-14 of July. NAIDOC stands for National Aborigines and Islanders Day Observance Committee. Its origins can be traced to the emergence of Aboriginal groups in the 1920's which sought to increase awareness in the wider community of the status and treatment of Aboriginal and Torres Strait Islander Australians.

The 2024 Theme is "Keep the fire burning! Blak, Loud and Proud". The week gives time to celebrate and recognise the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. NAIDOC Week is an opportunity for all Australians to learn about First Nations cultures and histories and participate in celebrations of one of the oldest, continuous living cultures on earth. Our school will attend the march on Friday the 5th July. Please ensure that you return your child's consent form ASAP so they can attend. In the first week of the school holidays there will be many events held such as, Youth and Senior ball, elders lunch and kids disco plus other events.

## NCCD

Every year, all schools in Australia participate in the Nationally Consistent Collection of Data on School Students with Disability (NCCD). The NCCD process requires schools to identify information already available in the school about supports provided to students with disability. Information provided about students to the Australian Government for the NCCD includes: category of disability: physical, cognitive, sensory or social/emotional, level of adjustment provided: support provided within quality differentiated teaching practice, supplementary, substantial or extensive. This information assists schools to: formally recognise the supports and adjustments provided to students with disability in schools, consider how they can strengthen the support of students with disability in schools, develop shared practices so that they can review their learning programs in order to improve educational outcomes for students with disability. The NCCD will have no direct impact on your child and your child will not be involved in any testing process.



**KEEP THE FIRE BURNING!  
BLAK, LOUD AND PROUD**

**7-14 JULY 2024**

The school will provide data to the Australian Government in such a way that no individual student will be able to be identified – the privacy and confidentiality of all students is ensured. Teachers are required to complete this collection by the end of the term.

## Reporting

As this term is quickly coming to a close, teachers also are busy assessing students, reviewing their One Plan goals and writing the mid-term reports. The mid-term reports will be mailed out on the last day of the term. When you receive the report please take the time to read through the report with your child. If you have any questions or need clarification, please make a time with your child's teacher on return to school in term 3.

## Events

Next, there is already many events scheduled:

- Year 4/5/6 Camp to Whyalla to see the giant cuttlefish in Week 1
- Years 2/3/4 and 4/5/6 participating in an art workshop in Week 3
- School photos in Week 8
- Open night in Week 8

Enjoy the school holidays with your children, see you back on Monday the 22nd of July.

**HAPPY  
HOLIDAYS**



# WELLBEING LEADER'S REPORT

Meryl Perks

## Pyjama Day

On Wednesday staff and students celebrated National Pyjama Day.

It was a cosy day and a perfect chance to stay warm and rugged up at school in Pj's, Onsies and Hoodies!

Pyjama day is a good reminder about our sleep patterns and checking if our children are getting enough sleep to function at their best.

Today students had an opportunity to conduct a sleep audit, checking what time they go to sleep and what time they wake up and checking if they are getting enough sleep for their bodies.

## How much sleep do kids need?



### THE IMPORTANCE OF SLEEP

WHY IS SLEEP IMPORTANT?	HOW CAN I SLEEP BETTER?	WHAT IF I DON'T GET ENOUGH SLEEP
<ul style="list-style-type: none"> <li>• Repair your body</li> <li>• Improve learning and memory</li> <li>• Lower stress levels</li> <li>• Improve creativity</li> <li>• Support growth and development</li> <li>• Maintain your immune system</li> </ul>	<ul style="list-style-type: none"> <li>• Go to bed and wake up at the same time each day</li> <li>• Avoid big meals right before bed</li> <li>• Exercise regularly</li> <li>• Turn off the computer, phone, and television</li> <li>• Keep your bedroom cool, quiet, and dark</li> </ul>	<ul style="list-style-type: none"> <li>• It can cause increase anxiety, depression, or other mental health problems</li> <li>• Cause irritability or mood swings</li> <li>• Cause headaches, weight gain and poor vision</li> </ul>

### THE BENEFITS OF SLEEP FOR LEARNING:

- Improved memory and recall of information – enabling students to build their understanding of classroom learning tasks.
- Improved energy levels increasing stamina for learning where students can stay in a task for longer & develop a deeper understanding of learning tasks.
- Improved mood and emotional resilience providing a happier more productive day at school.



Meryl Perks



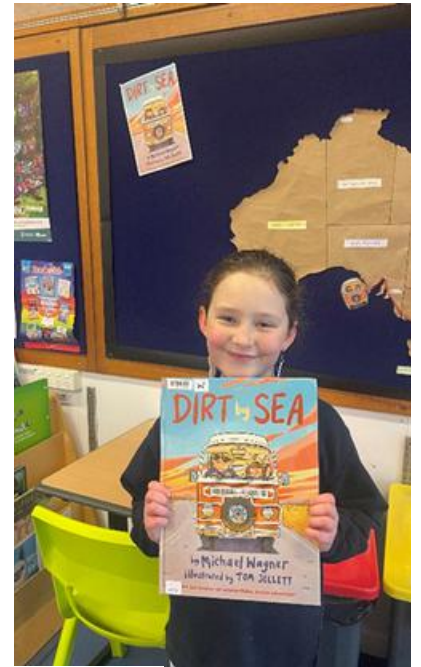


Chloe Camporeale

# 24RM1 CLASS REPORT

## Dirt By Sea

In the year 4/5/6 class we have been reading the book *Dirt by Sea* by Michael Wagner as part of our Geography/Science/Technologies unit. The book follows a father and daughter who travel around Australia in a Kombi Van, visiting different cities, towns and states. The graphic picture book has been used as a guide for activities to extend students, researching skills, design skills and understanding of science topics such as the night sky and bioluminescence. As a class we have made connections between the book and our own experiences and local community. Students were given a task to design their own Calypso Star Shark Cage Diving boat based on images from the website and what their boat needs to have for a full day tour.





Aboriginal Family Support Services  
Together with the community



**KEEP THE FIRE BURNING!  
BLAK, LOUD AND PROUD**  
7-14 JULY 2024

**NAIDOC WEEK 2024**



# KIDS DISCO



**MONDAY, JULY 8<sup>TH</sup> 3-5 pm**

**Mallee Park Football Club**

**Ages 5-11 years**

**Kindy kids to be accompanied by parents**

- **Door Prize-XBox one to give away!!** ●

Contact the team on (08) 8683 1909 for more info

