



Lincoln Gardens Primary School Newsletter

Lincoln Gardens Primary School Barley Road PO Box 1786 Port Lincoln SA 5606
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Harmony Day

Term 1 Week 9



Students worked in harmony on various activities. Thanks to Mrs Parker for her organisation and staff support ensuring all students had a fantastic learning experience.



School Photo Day Wednesday 3rd April

Please see the front office for spare envelopes & family photograph envelopes. Enclose correct cash amounts (in envelopes) as no change will be available on the day. Please note: Ordering of photos can be made after photo day. Call Kidz Pics on 1800 746 869 to make arrangements



2019 Sports Day House Captains

	Proper	Tulka
Captains:	Jess Maywald Harry Halls	Jesse Sewer Jake Aplin
Vice Captains:	Terence Betts Tayla Fox	Tyler Aplin Siteyia Marjanovic



Government of South Australia
 Department for Education

RESPECT
 RESILIENCE

RESPONSIBILITY
 RELATIONSHIP

Principal—Sandra Spencer

BULLYING. NO WAY!

Positive and supportive school communities getting to the heart of the matter.

On Friday the 15th our school, along with 2300 other schools, participated in the National Day of Action against Bullying.

We believe all students have the right to be safe at school. This was our chance to stand together. Together we can reduce the incidence of bullying, whether inside the school gate or online, and eliminate it wherever we can. Students gathered together and discussed 'bullying' and wrote a 'pledge' to support our school to be 'bully' free. These are on display in the activity hall.

HARMONY DAY



On Thursday the 21st of March 'Harmony Day' was held. Harmony Day is a day to celebrate our cultural diversity.

It is about inclusiveness, respect and a sense of belonging for everyone. All classes took part in activities to unpack 'Harmony' and some of their learning is displayed in the activity hall.



Have you ever thought about the **Importance of Sleep and Learning?** Sleep is an important factor in children's lives and learning development. When children sleep they rest, and their body is able to renew its energy. Sleep is also important because of dreams. When they dream, they process all the events of daily life. Getting a good night's sleep, therefore, influences their psychological wellbeing. Sleep is related to laying down long-term memories and good sleep is important for school success.

Children must have a sufficient amount of sleep (5 year olds need 11 hours sleep per night & 10 year olds need 9½ hours sleep per night) to grow, develop, and function optimally. A child with enough sleep is calm and attentive, pleasant, absorbs everything, and socially interacts with ease. Children who don't sleep or don't sleep well are usually grumpy and fidgety, lose co-ordination, can have peer relation problems, have an 80% higher risk of developing depression and display hyper-activity.

Supporting your child to develop good sleep habits allows them to function optimally when they are at school learning!

Before the end of the term we have many school events happening. On Thursday the 28th there will be a whole school assembly run by the 5/6/7 class and Mrs Kenny's class will share their learning. On Friday the 29th Sports Day will be held at Ravensdale. School photos will be on the 3rd of April, we hope that you can support all events.

The school term will end on Wednesday the 10th of April as the Thursday and Friday are student free days so staff can attend training. Enjoy the break and see you next term.



Dates to Remember

SPORTS DAY

Friday 29th March

SCHOOL PHOTO DAY

Wednesday 3rd April

STUDENT FREE DAYS

Thursday 11th & Friday 12th April

TERM 2 COMMENCES

Tuesday 30th April

Wellbeing Leader—Neil Seaman

I am excited to be at LGPS as the new Wellbeing Leader and I look forward to building positive relationships and working with students, staff, parents and the community. I am not new to Port Lincoln as I previously lived and worked here from 2006—2010. In 2011 I moved to Wudinna where I taught for the past 8 years across many learning areas in both Primary and Secondary. Port Lincoln is a beautiful town and I am pleased to be back by the ocean.

My first week at LGPS I have been busy getting to know the students and over the coming weeks I will continue to build on these relationships as well as meet more parents and community members. I encourage family and community members to come into school and organise a time to meet with me as establishing positive connections is extremely important for successful student outcomes and wellbeing.



I will soon be meeting with the selected Student Representative Council (SRC) to discuss, plan and implement some student voice initiatives across the school. I look forward to listening to student ideas and assisting them in achieving planned outcomes.

Aboriginal Family Support Services (AFFS) are currently running numerous programs that are free to attend and have a focus of supporting parents and caregivers to keep their families safe and healthy as well as provide families with skills and confidence to grow happy and strong. Within these programs there is also a focus on supporting caregivers to make sure children are attending school.

The current programs being offered within the Port Lincoln area are:

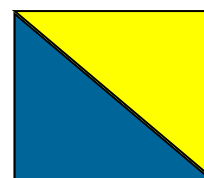
- Circle of Security Parenting program
- Seasons for Healing
- Healthy Homes Resilient Families- growing up Healthy
- Healthy Homes Resilient Families- Routines and Rules
- Respect Sista Girls 2

If you would like more information on these programs please contact me on 8682 6277 or come in for a chat.

RESPECT RESPONSIBILITY RESILIENCE RELATIONSHIPS



Sports Day Friday 29th March Lunch Orders



We will be offering meat pies, sausage rolls and hot dogs as a lunch order for students on Sports day. Meat pies will be \$2.50, sausage rolls are \$2.00 and hot dogs are \$2.50 (includes sauce). To help us with catering for the day please return the lunch order provided below with the correct money by **Wednesday 27th March**.

On the day there will be **limited** pies, sausage rolls and hot dogs available for families to purchase at the same prices. We will also have cupcakes and fruit boxes available for 50 cents each, which can be purchased on the day.

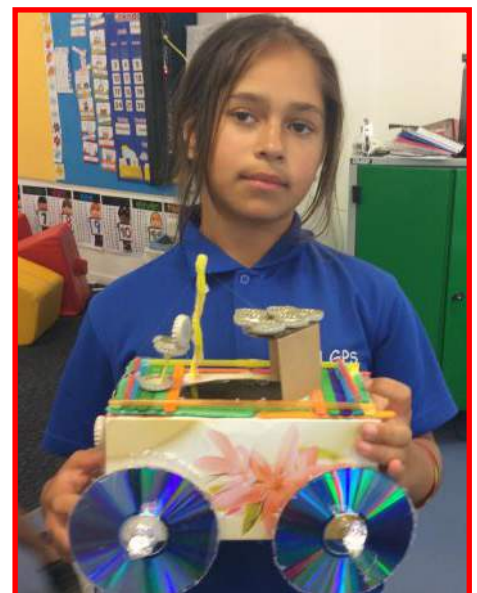
Seven students attended the Aquatics program this year at Coffin Bay on Thursday 14th and Friday 15th March. The students learnt valuable water safety skills along with professional instruction in: Small Boat Handling, Windsurfing, Paddle Boarding, Kayaking and Snorkelling.



Classroom Report B2R3




DESIGN & TECHNOLOGY



2019 TERM 1 CALENDAR

Updated 25.03.19

WK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9	25 Newsletter home	26	27	28 Governing Council mtg 1-2pm Assembly 2-3pm	29 SPORTS DAY
10	1 April	2	3  Photo Day	4	5
11	8	9	10 Last day of Term	11 STUDENT FREE DAY	12 STUDENT FREE DAY

2019 TERM 2 CALENDAR

Updated 25.03.19

WK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	April 29 STUDENT FREE DAY	30	May 1	2	3
2	6	7	8	9	10
3	13	14	15	16	17
4	20	21	22	23	24
5	27	28	29	30	31
6	June 3	4	5	6	7
7	10 PUBLIC HOLIDAY	11 Planet Rhythm Performance in activity hall	12	13	14
8	17	18	19	20	21
9	24	25	26	27	28
10	July 1	2	3	4	5

Lincoln South Football Club Come & Try and Registration Day, 4.30pm
Wednesday March 27th at Centenary Oval. Sausage sizzle, meet the coaches, activities and registration assistance. NEW PLAYERS WELCOME.
Ph 0455 174 606 for more info.